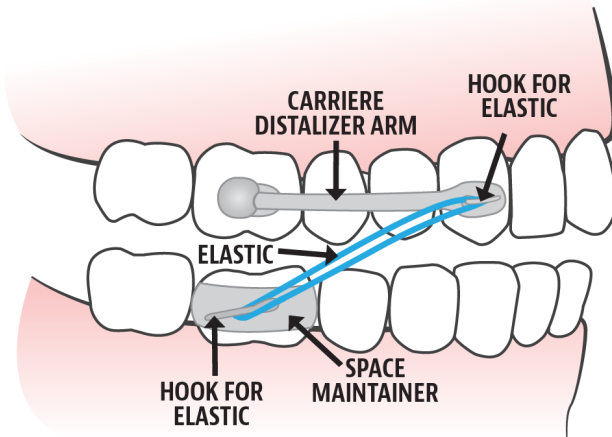
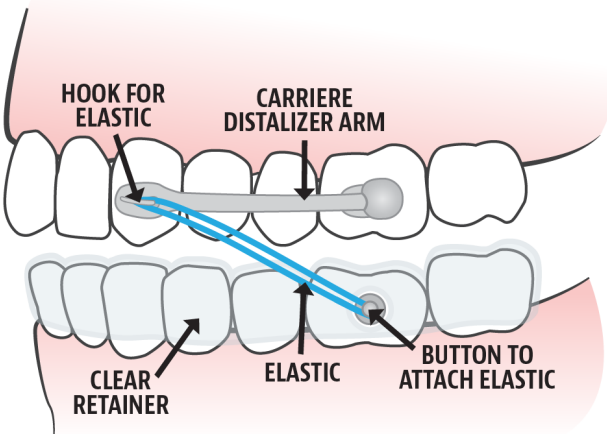


ALL ABOUT MY CARRIERE DISTALIZER



CARRIERE DISTALIZER WITH SPACE MAINTAINER

You have this configuration



CARRIERE DISTALIZER WITH CLEAR RETAINER

You have this configuration

WHAT IS A CARRIERE DISTALIZER?

The Carriere distalizer is used to correct an overjet by moving the upper teeth back and the lower teeth forward. The Carriere might feel unusual for the first few days, but after a while you should forget about it.

No other braces are used during this stage of treatment. Braces will be placed after the bite is corrected. This treatment usually shortens the time braces need to be worn, but remember, **you must wear elastics for this appliance to be effective**. Elastics are worn 24/7 except when eating and brushing until the correction is achieved. They are usually worn at night after the bite is corrected.

HOW IT WORKS

CARRIERE DISTALIZER WITH SPACE MAINTAINER: A space maintainer is attached to the bottom teeth and the Carriere is attached to the top teeth. An elastic is used to connect the Carriere to the space maintainer and slowly moves the upper teeth back and the lower teeth forward. Elastics should be worn at all times except when eating or brushing.

CARRIERE DISTALIZER WITH CLEAR RETAINER: An orthodontic button is attached to the lower molar. A clear retainer is worn over the entire lower arch. The Carriere is attached to the top teeth. An elastic is used to connect the Carriere to the orthodontic button and slowly moves the upper teeth back and the lower teeth forward.

Both the retainer and elastics should be worn at all times except when eating or brushing. **Always wear your clear retainer and elastics together**. The clear retainer prevents your lower molars from rotating. If for some reason your clear retainer is damaged or lost, please stop wearing your elastics and call our office to schedule an appointment.

STILL HAVE QUESTIONS?

Visit our website or call us! We are more than happy to answer your questions or address any concerns you may have.



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