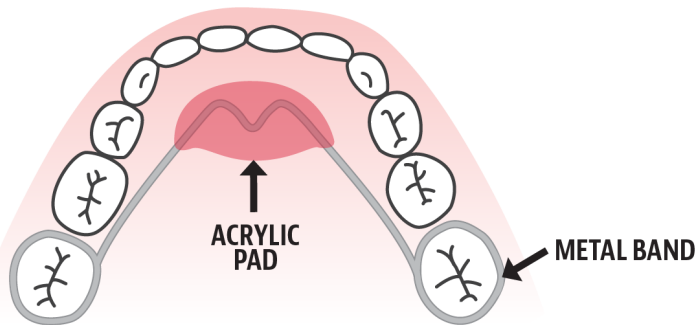
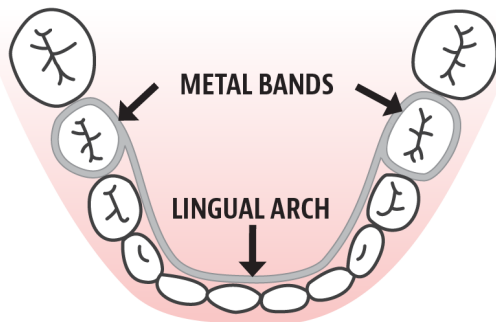


ABOUT YOUR SPACE MAINTAINER



UPPER SPACE MAINTAINER (NANCE)



LOWER SPACE MAINTAINER

WHAT ARE SPACE MAINTAINERS?

Space maintainers are appliances used to help maintain the space when the teeth have been lost prematurely, when there is crowding or to help correct the bite.

HOW THEY WORK

The baby upper and lower second molars (dentally known as the "E's") are actually larger than the permanent premolars that will take their place after the baby molars fall out. The extra space around the premolars is called E space. Typically the E space is taken up by the back permanent teeth moving forward into the space. When there is crowding of the front teeth, the space maintainer is used to allow the front teeth to move back into the E space rather than the back teeth moving forward.

WHAT TO EXPECT

The space maintainer might feel unusual for the first few days, but after a while you should forget about it. Avoid pushing on the space maintainer with your tongue or fingers, as this could bend and/or loosen it.

Keep the space maintainer free of food particles by rinsing your mouth out thoroughly after each meal. As always, be sure to brush & floss your teeth regularly.

STILL HAVE QUESTIONS?

Visit our website or give us a call! We would be happy to answer your questions or address any concerns you may have.



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